

LEICESTER BASKETBALL

NEWSLETTER



ANNOUNCEMENTS:

Leicester Basketball Clinic
July 16-18 * Grades 2-10
Leicester High School
www.leicesterbasketball.com

SUMMER LEAGUE UPDATE:

Win vs Auburn 44-40 and a loss to St. Mary's 47-46.
The team's overall record moves to 3-1.
This week's Games:
Monday vs Millbury @ 8:30

COACH THOUGHT OF THE WEEK:



Radius Athletics @RadiusA... · 6/13/18 ✓
Post play is not dead, it has just evolved! Are you teaching bigs how the game WAS played, IS played or WILL BE played? #ModernBigTips

SHOOTING FROM GAME SPOTS

BY COACH LYNCH

Sitting in on the monthly #RAMP Web Clinic a great topic was approached. The Web Clinic featured Kyle Allen of Pine City, MN, whose team has found success in using the 3 point line as a weapon. Coach Allen brought up the thought that his players are only taking shots in practice that will available to them during games. His example was that they never practice mid range shots because they are not taken in games. They place heavy emphasis on shots from 6 perimeter spots, the places in which their shots most commonly come from.

This is a great point to reflect on. Are the shooting drills which we create in practice forcing your players to practice the game shots they will take? If not then scrap those drills! Recreate those shots that are most commonly taken and use that as your shooting drill.

The Drill I posted to the right is called the "Chair Drill", It is a quick 2 v 0 Shooting Drill that has players recreate three common drive and kick opportunities commonly found in our offense.

Chair Drill
Leicester High School

